

### **GMW BST Cub Adventure 2023**





# Saturday 16th September 2023

This information is for those in the Cub event Please ensure you have read all the information thoroughly. For those in the Scout and Explorer event please read the Scout and Explorer information. Any questions – <u>bst.adventure@gmwscouts.org.uk</u>

# **Key Information**

- A team entry costs £12. Payable in advance direct to county.
- · All participants and leaders must complete a medical form.
- Please complete the form before the event and bring this with you on the day. No completed health form will mean no entry.
- The BST will start and finish at SD 629 140. This is the long road up to Rivington top barn. Address: Rivington Hall Barn, Bolton, Lancashire, BL6 7SB. http://www.rivingtonhallbarn.co.uk/
- Check in will open at 10am until 11am and teams will be set off when they are ready. Please do not try to check in before 10am.
- There is no time limit but teams progress will be monitored and teams should be back by 4pm at latest.
- Each team must have between 4-6 Cubs (max age 10.5yrs)
- Checkpoints must be completed in order
- Teams must be accompanied by 1 adult leader (completed DBS and mandatory training) and 1 other DBS checked adult and a good level of competence in navigation and hill walking. Young leaders may accompany a team but must not be one of the adult leaders.
- The kit list is mandatory. If a group does not have all the equipment they will not be able
  to start.
- If you can provide marshalls for the event sign them up <u>here</u>

#### How does it work?

Teams must navigate a course reaching checkpoints in order on the way. At each checkpoint teams collect a sticker for their map to reach a prize at the end. There is no time limit but it is expected to take under 4 hours.

- The entire course is on Scouting Terrain Zero (T0)
- Teams must have 2 adult leaders with them.
- Leaders should have a good level of competence in navigation and hill walking.
- The route will be easy to navigate

- Teams will start once they have been registered and kit has been checked.
- Teams will need to collect either a sticker for their map at each checkpoint.
- Once all stickers are collected the treasure chest will open
- · Teams must go to each checkpoint in order
- Checkpoints will have a leader at them in a BST neckerchief who will check on you and give you a sticker for your map.
- · No need to fill out route cards
- We impose the age limit for cubs of 10.5

### **Equipment**

All the equipment is mandatory. If a group does not have <u>all</u> the equipment they will not be able to start.

#### **Personal Kit**

- 1. Fully waterproof jacket
- 2. Walking boots. Trainers with a strong sole will be permitted but **no** wellies or pumps
- 3. A hiking rucksack large enough to carry all the team members kit
- 4. Hat and gloves
- 5. Warm clothing I.e. fleece top / jumper
- 6. Full water bottle, 1 litre recommended
- 7. Food for lunch
- 8. Medical and contact details (a copy of which is to be handed in at registration)

### **Group Kit**

All the equipment below is mandatory for the group.

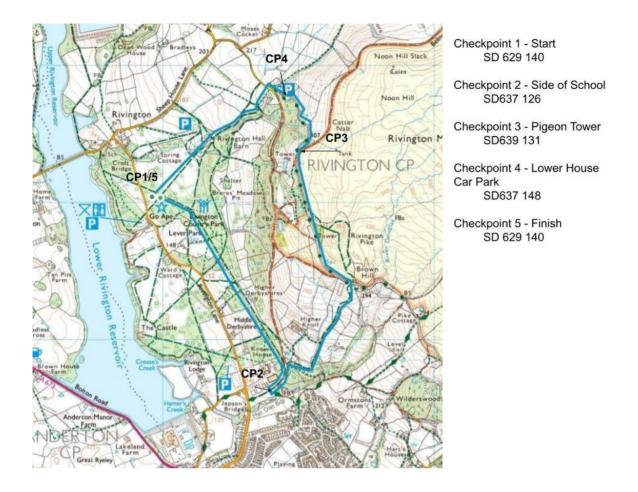
- 1) 2x mobile phone(s) fully charged with call credit and data
- 2) Full first aid kit
- 3) 2x Map of the area West Pennine Moors 1:25,000 (Sheet 287)
- 4) 2x Waterproof Map case
- 5) 2x Compass
- 6) 2x Torch with good batteries
- 7) Survival bag
- 8) Pen / pencil and notepaper
- 9) emergency whistle
- 10) mobile phone should have the following

QR code scanner and mobile internet data to check in at optional check points,

- Glympse tracking app available on App Store, Google Play
- OS Locate available on App Store, Google Play

# **Checkpoints**

The provisional route is and is subject to change once risk assessments are complete...



We will be in touch 2 weeks before the event with a confirmed list of all the checkpoints, kit list and medical forms (to be completed and returned when arriving at the event).

# **Photographs**

We will be taking photographs of all groups and these may be shared on Facebook, newsletters and our website. If you not able to agree to this please let the registration know when arriving at the event.

### **Want to Know More**

Please visit

- our website
- Facebook site
- Sign up to our newsletter