

Wellbeing Box

You will need

- Colour pens or pencils
- A4 paper
- Glue sticks
- Scissors
- Craft materials (for example, tissue paper, stickers, pipe cleaners)
- Cardboard box (shoeboxes are great for this activity)
- Items to fill the wellbeing box.

Run the activity

Follow the instructions in the video!

This activity counts towards

- Community Impact Staged Activity Badges

Safety

These activities should be supervised by parent/carers at all times, and are not subject to The Scout Association's Policy, Organisation and Rules. These activities are completely voluntary, and each parent/carer should determine if they are suitable for their children.